

Do you require support or advice to help you live independently?

Are you homeless or at risk of being homeless?

Housing support can help you access the tools and skills needed to find accommodation and live independently in your own home.

Support can be provided to help people with lots of different issues, for example:

Domestic abuse

Over 55's with Support Needs

Learning disabilities

Alcohol or drug dependency

Single parents and Vulnerable families

Young People 16 - 24 with support needs (including those leaving care)

Mental health issues

Some examples of housing support include:

Advice, advocacy and liaison with organisations

Basic life skills training

Setting up and maintaining a home

Help with managing a budget and claiming benefits

If you think you would benefit from housing support, you can contact the Supporting People team for more information

cefnogipobl
supportingpeople



supporting independence in Gwent
cefnogi annibyniaeth yng Ngwent

A oes angen cymorth neu gyngor arnoch i'ch helpu i fyw'n annibynnol?

A ydych yn ddigartref neu mewn perygl o fod yn ddigartref?

Gall cymorth tai eich helpu i gael mynediad i'r offer a'r sgiliau sydd eu hangen i ddod o hyd i lety a byw'n annibynnol yn eich cartref eich hun.

Gellir darparu cymorth i helpu pobl â llawer o wahanol anghenion:

Cam-drin domestig

Pobl dros 55 mlwydd oed sydd ag Anghenion Cymorth

Anableddau Dysgu

Dibyniaeth ar alcohol neu gyffuriau

Rhieni sengl a theuluoedd bregus

Pobl Ifanc bobl 16-24 sydd ag anghenion cymorth (gan gynnwys y rhai sy'n gadael gofal)

Materion iechyd meddwl

Dyma rhai enghreifftiau o gymorth tai:

Cyngor, eiriolaeth a chyswilt gyda sefydliadau

Hyfforddiant sgiliau bywyd sylfaenol

Sefydlu a chynnal cartref

Cymorth gyda rheoli cyllideb a hawlio budd-daliadau

Os ydych yn meddwl y byddech yn elwa ar gymorth tai, gallwch gysylltu â'r tîm cefnogi pobl i gael mwy o wybodaeth

cefnogipobl
supportingpeople



supporting independence in Gwent
cefnogi annibyniaeth yng Ngwent